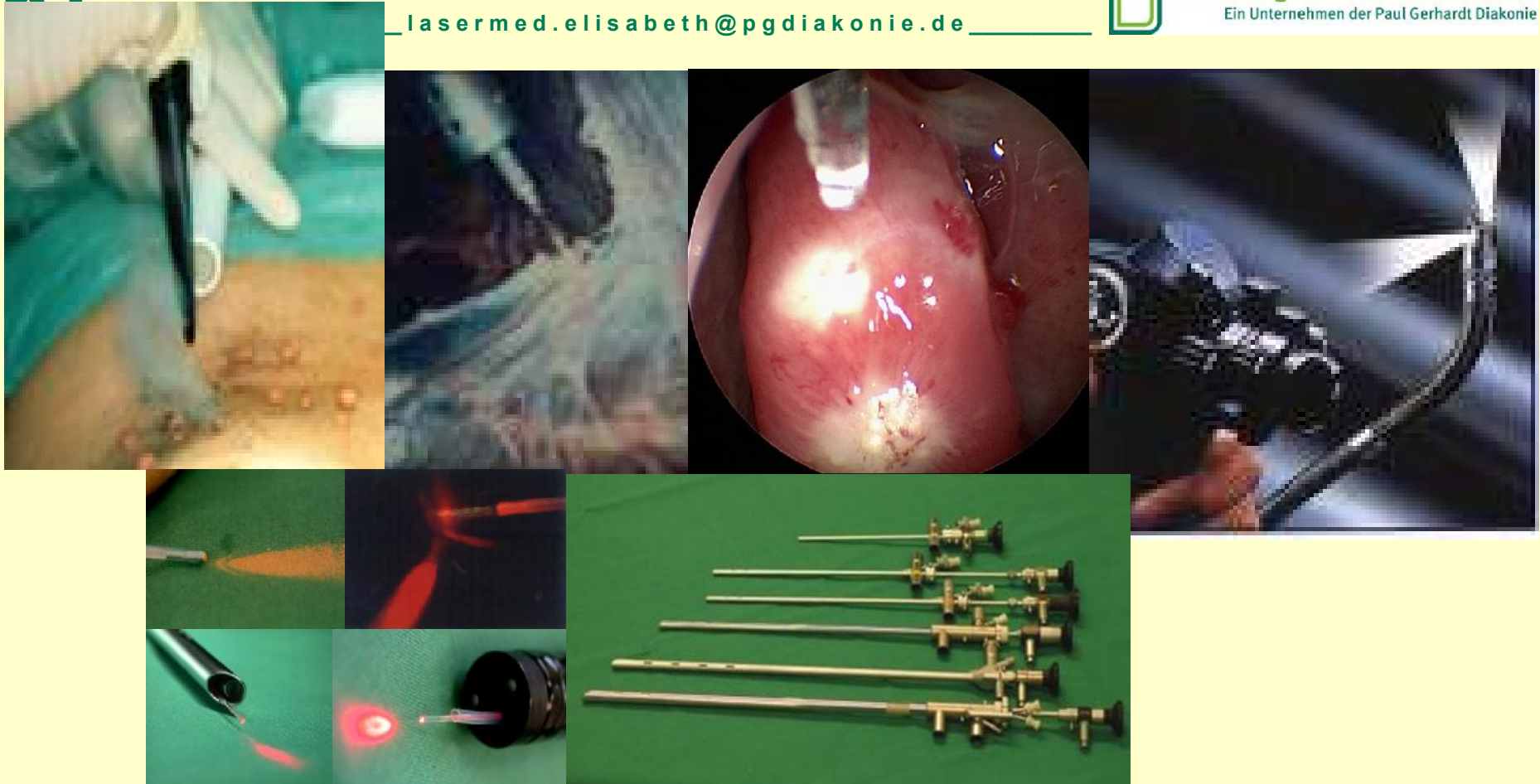


# Laser surgery and endoscopy

EKI

[lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de)



**C.M. Philipp**

Laserlab-Europe Foresight Workshop "Lasers for Life"

London, Royal Society, 2014

# First documented Laser surgery

**EKL**asermedizin \_\_\_\_\_ [lasersed.elisabeth@pgdiakonie.de](mailto:lasersed.elisabeth@pgdiakonie.de) \_\_\_\_\_

 **Evangelische Elisabeth Klinik**  
Ein Unternehmen der Paul Gerhardt Diakonie

1960



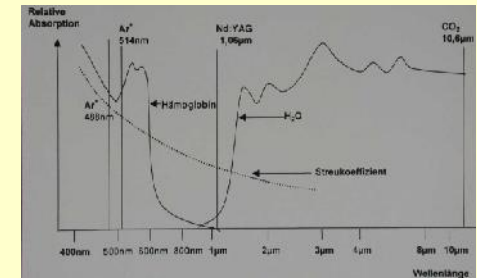
1963

# Surgical Lasers

**EKL**asermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_

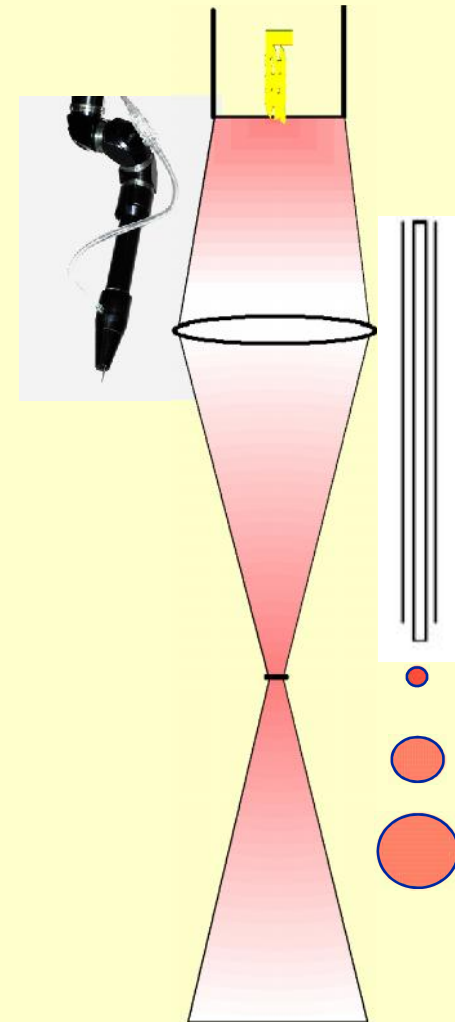
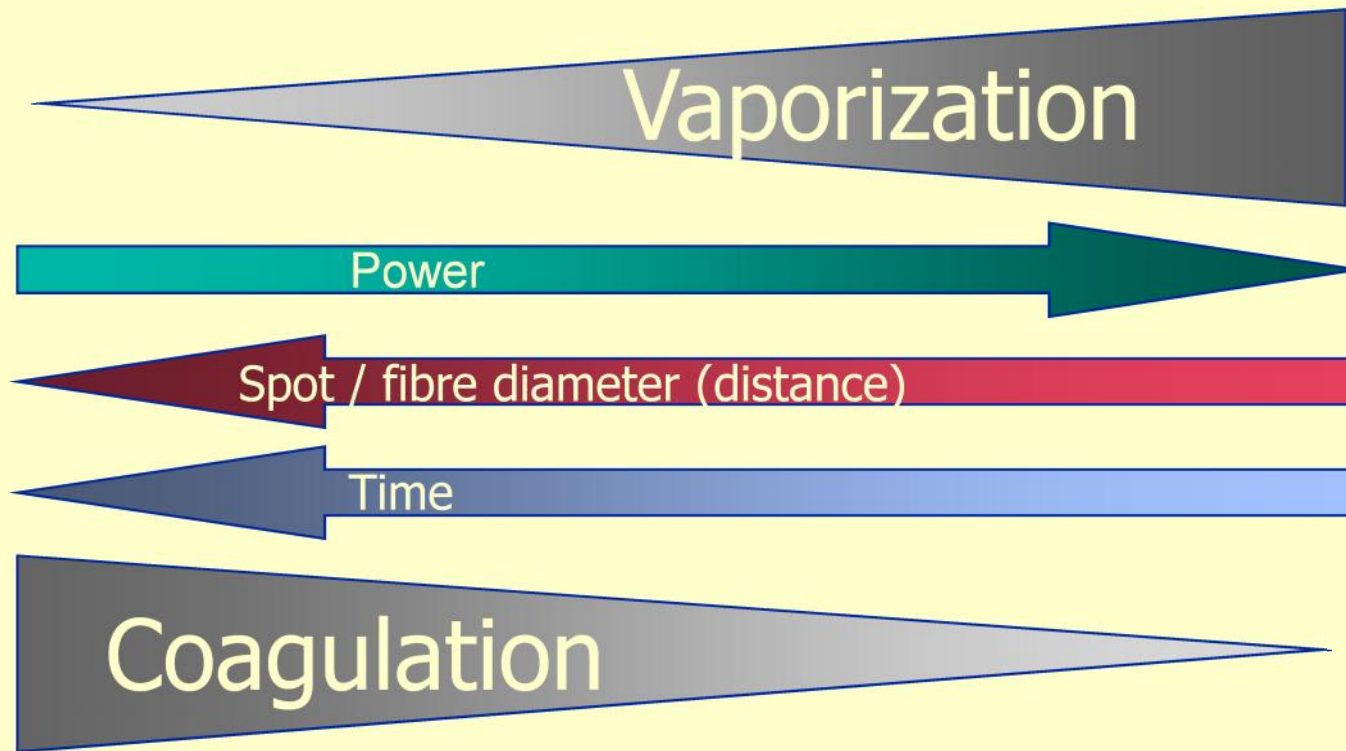


Laser	interaction	use
<p>CO<sub>2</sub>-Laser (Erbium-, Thulium-, Holmium-, Diode-, Fiber-Lasers)</p>	<p>water absorption</p>	<p>cutting</p>
<p>Nd:YAG-Laser</p>	<p>„YAG it down“</p>	<p>coagulation – cutting</p>
<p>VIS (KTP)</p>	<p>selective photocoagulation</p>	<p>coagulation - vaporization</p>



# EKL Time / Power (density) ratio

asermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



**Surgery (“Chirurgia”, gr.) means “hand crafted”.**

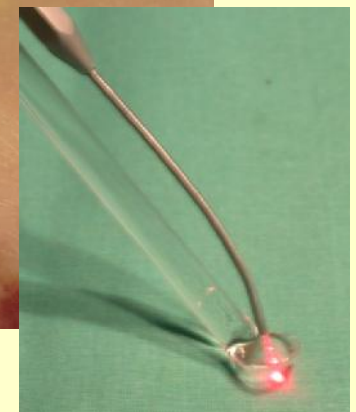
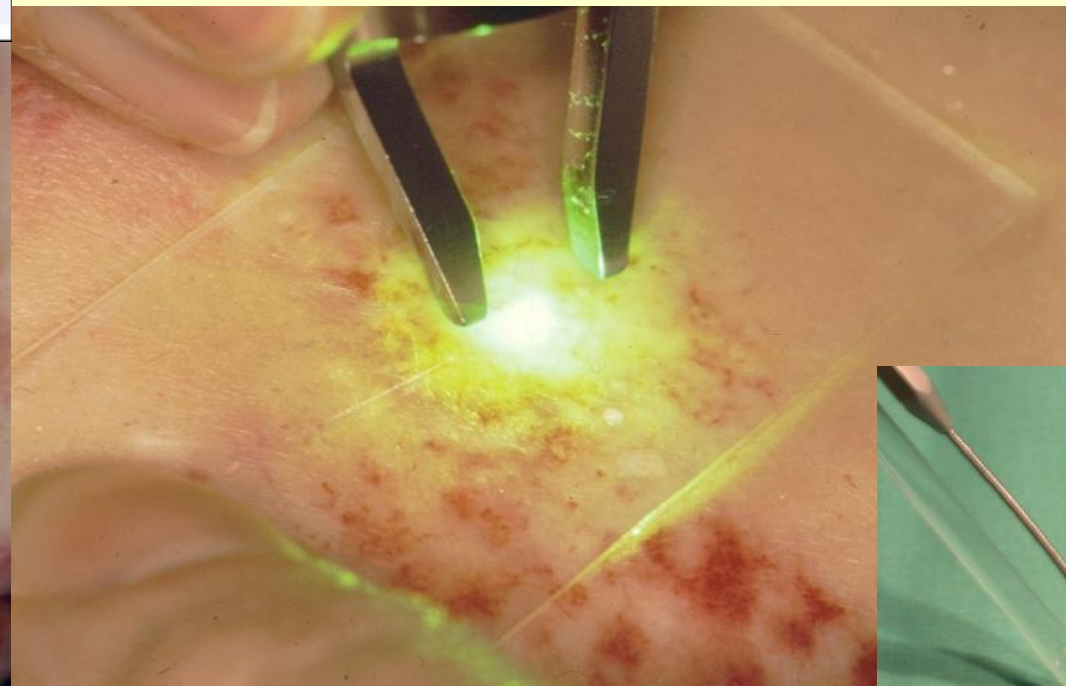
# EKL Selective absorption

asermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



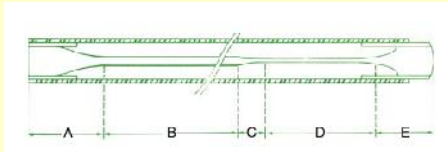
Glas plate with contact fluid (water):

- indexmatch
- compression
- cooling

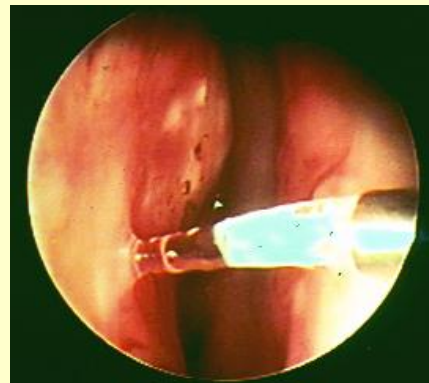
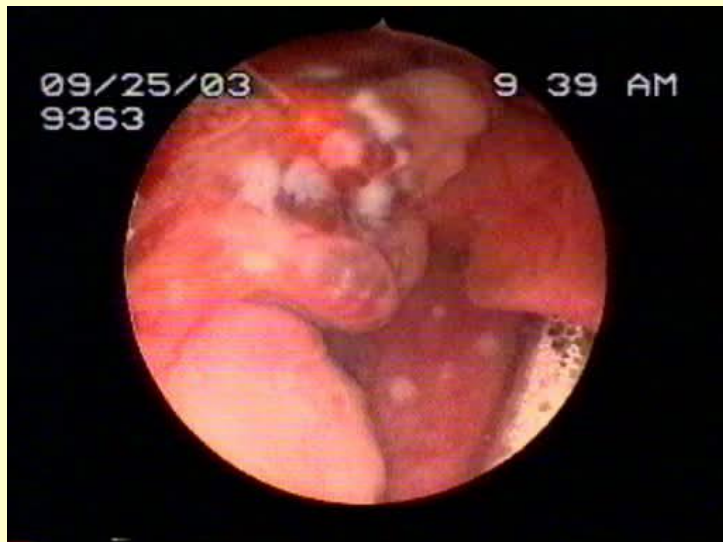
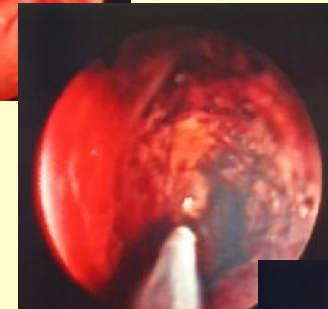
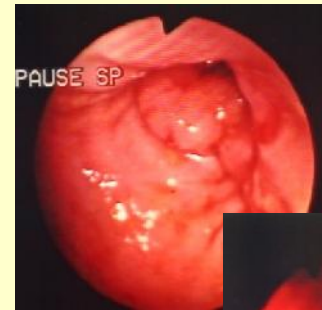
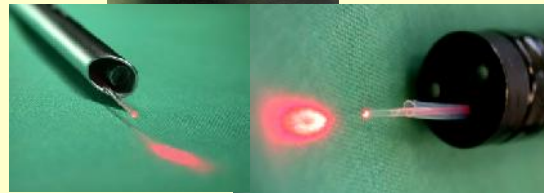
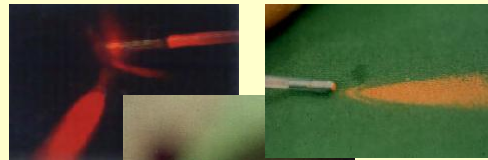
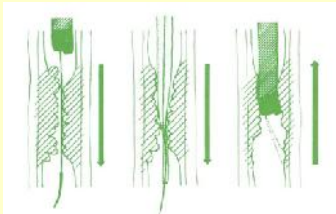


# Fibre Transmission

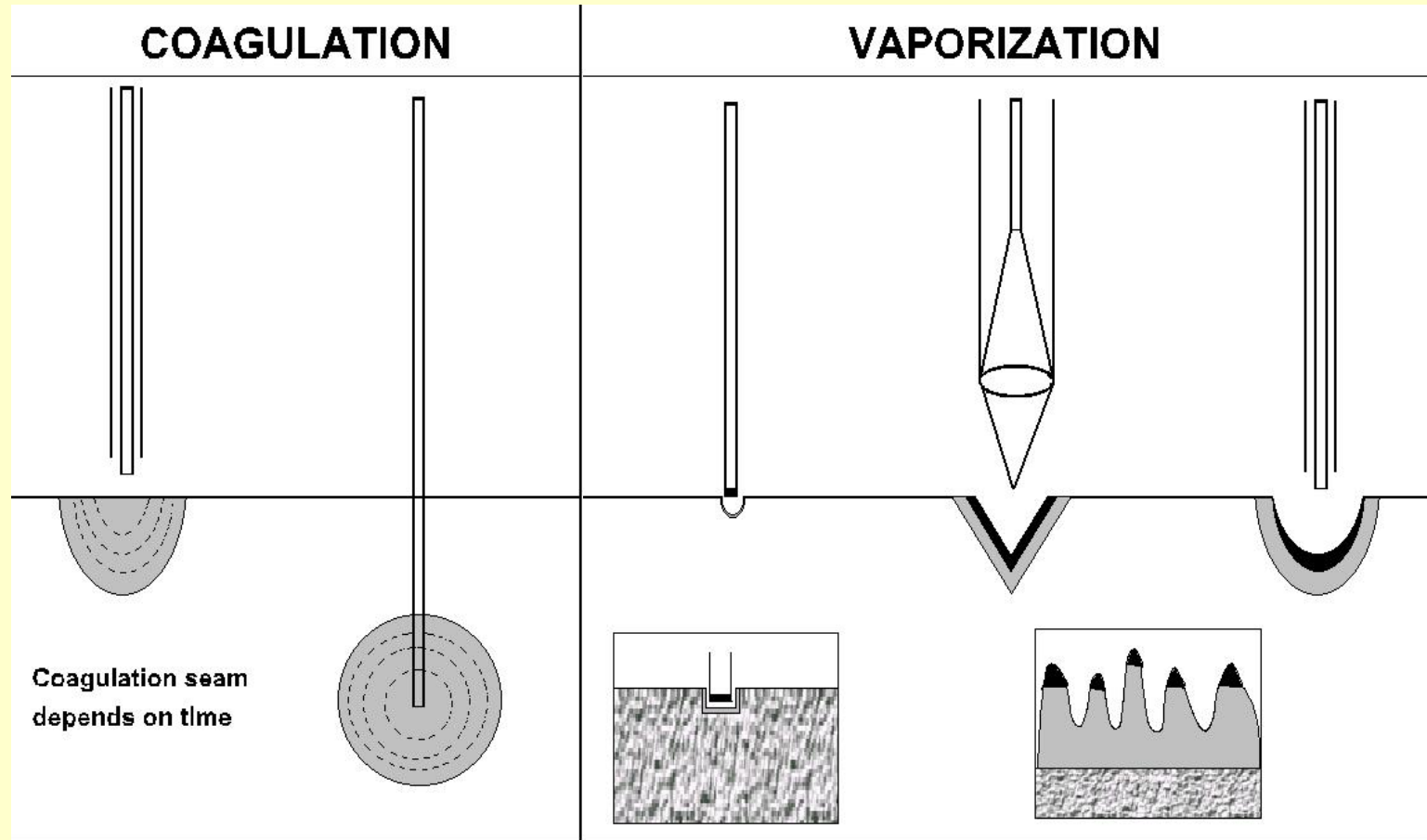
**EKL**asermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de) \_\_\_\_\_



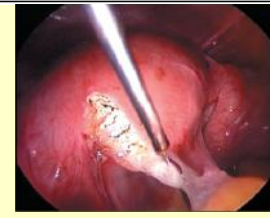
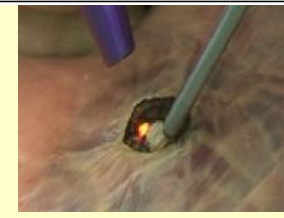
Laserbrief 1975, MLA2006(2)  
Kiefhaber, Naht



# EKL Options with fibres



Helfmann J. "Thermal Effects" in:  
Berlien HP, Müller GJ (Eds.)  
"Applied Laser Medicine" Springer,  
Berlin Heidelberg New York, 2003



**EKL**asermedizin \_\_\_\_\_lasermed.elisabeth@pgdiakonie.de\_\_\_\_\_



## Open surgery



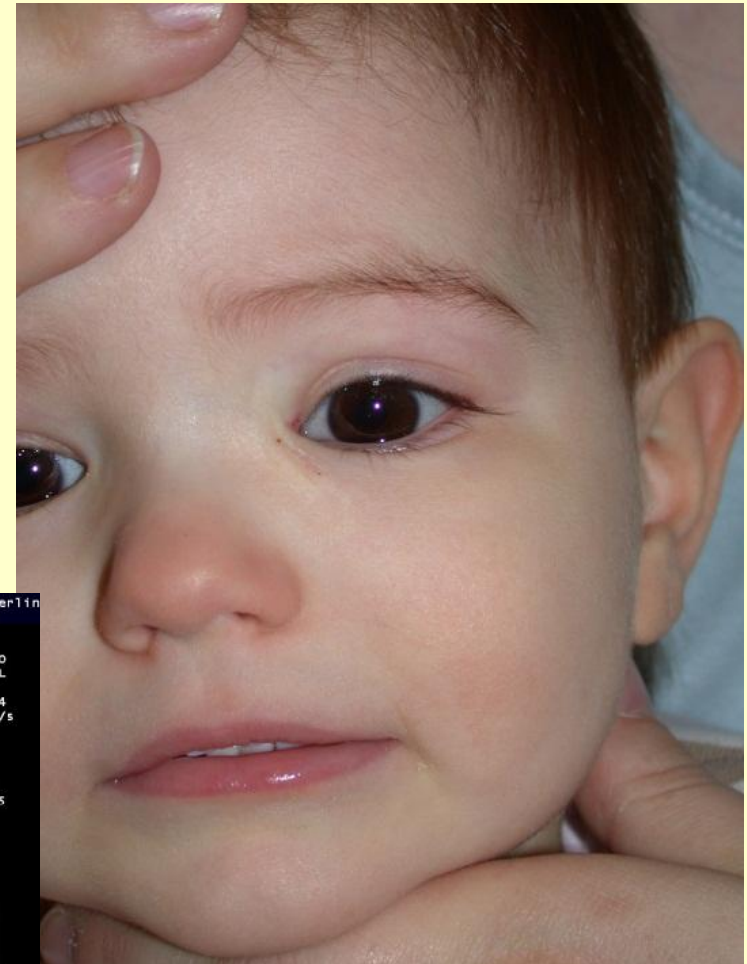
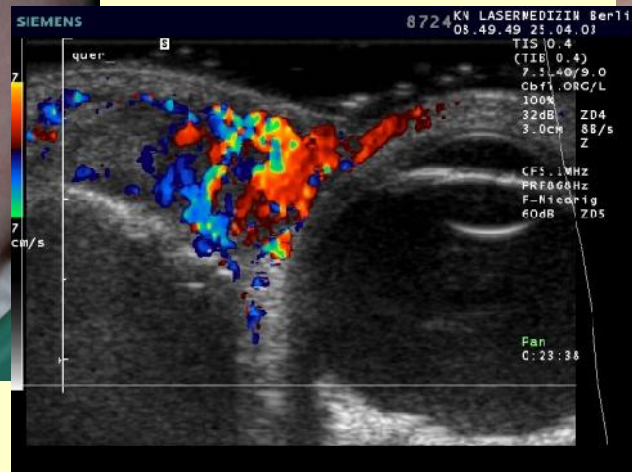
# EKL **Infantile hemangioma**



Transcutaneous  
with ice cube  
cooling,

Nd:YAG-laser,  
focusing  
handpiece

**Power: 30-50 W**  
**Pulslength: cw**



# EKL Lasermedizin **Venous vascular malformation**

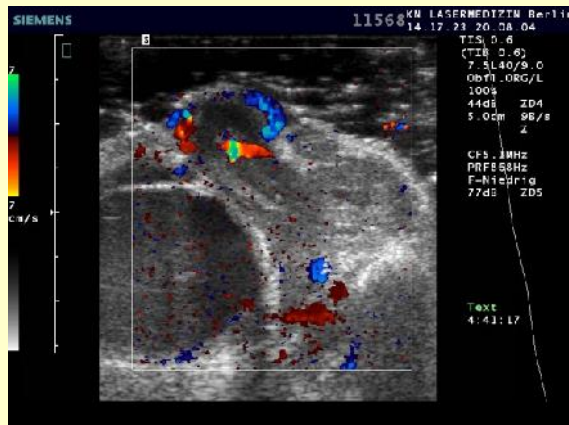


Before Treatment

Contact application:  
Nd:YAG-laser  
impression  
600 bare fibre  
Power: 3-5 W  
Pulslength: cw



After 3 Sessions



Impression technique



# EKL Seborrheic keratosis



With KTP in situ coagulation multiple lesions may be treated at one time



No bleeding, no open wounds

## Laser parameters for limited findings:

**KTP, 532nm**

**5-8W, with / without cooling**

**0.2s, chopped with repetition**

**Spot acc. to needs (1-2mm)**

# EKL **Seborrheic keratosis**



**Laser parameters:**  
**Pulsed Er:YAG, 2940nm**  
**3-5J/cm<sup>2</sup>, multipass**  
**Spot 3-5mm**

**Sterile dressing required**  
**Bleeding possible**

**Er:YAG-Ablation**

# Cutaneous NF1 - CO<sub>2</sub>-laser surgery

**EKL**asermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



## Laser parameters:

**Vaporisation:**  
Pulsed CO<sub>2</sub>-laser,  
10600nm  
20 – 50W, cw  
Variable spot

**Excision:**  
pulsed CO<sub>2</sub>-laser,  
10600nm  
20-30W, cw  
Focussed spot

**Perioperative**  
antibiosis  
PVP-iodine dressings  
Tetanus vaccination

**After care:**  
Topical steroid with  
antibiotic

## Advantages:

- Quick procedure
- >300 NF/treatment
- minimized bleeding
- acceptable scars

# Rhinophyma

**EKL** Lasermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de) \_\_\_\_\_



## Laser parameters:

Ultrapulsed CO<sub>2</sub>-laser, 10600nm

20 - 40J/cm<sup>2</sup>

ms

Spot 3mm

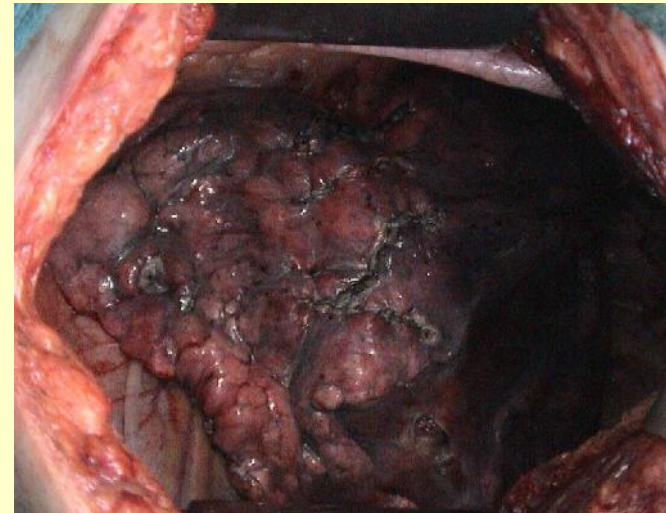
4 weeks after single treatment

# EKL Lung resection (atypical vs. Laser)

Lasermmedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



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➔ Laser surgery saves parenchyma

# Interstitial Laser Coagulation (vascular), LITT

**EKL** Lasermedizin

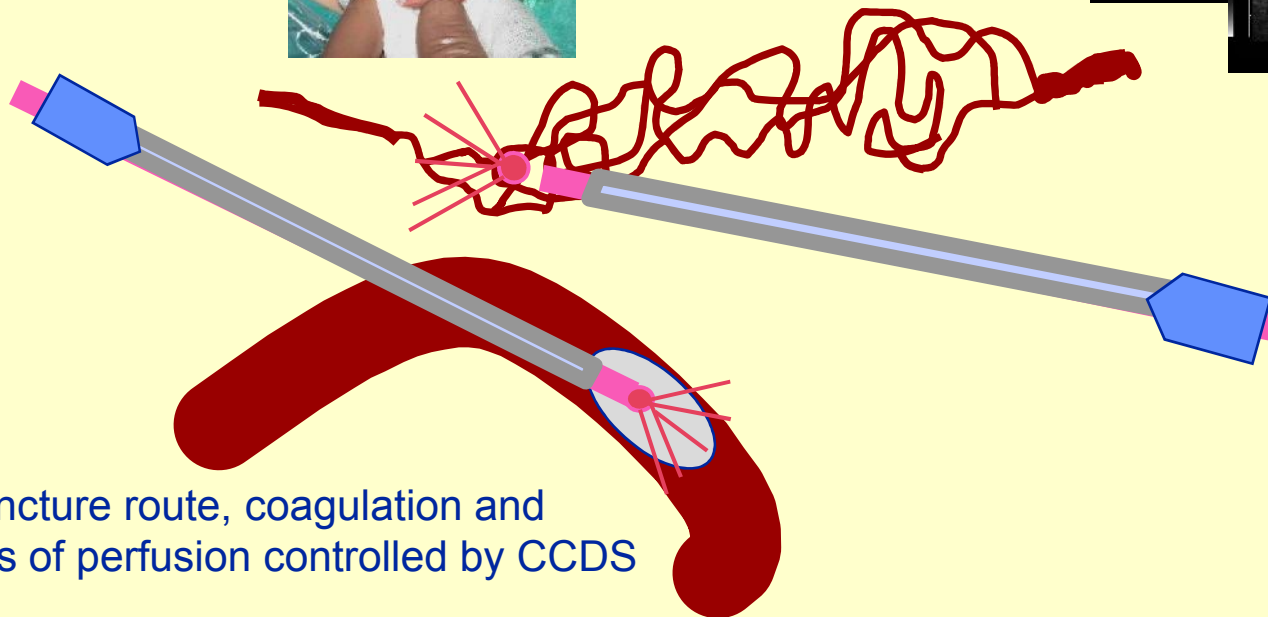
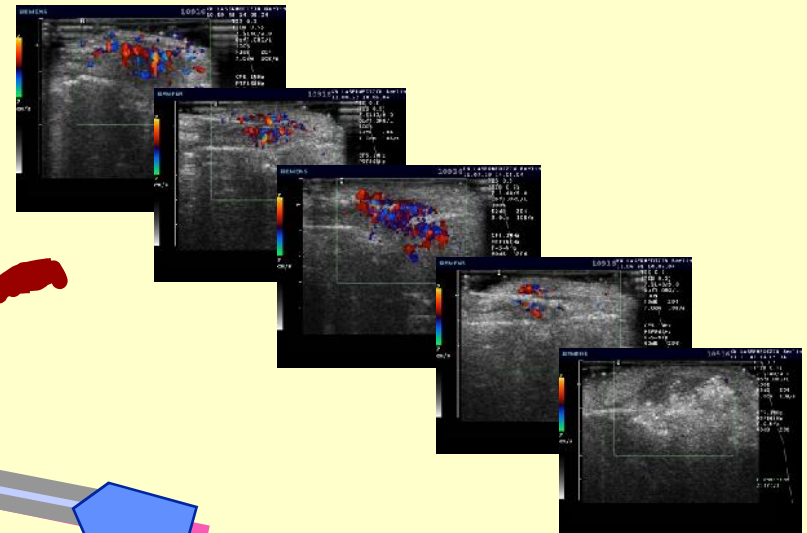
\_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



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Wavelength: 1064 nm  
Pulslength: cw  
Power: 5 W, without rinsing (interstitial)  
Power: 8-10 W, with rinsing (intravascular)



Puncture route, coagulation and loss of perfusion controlled by CCDS

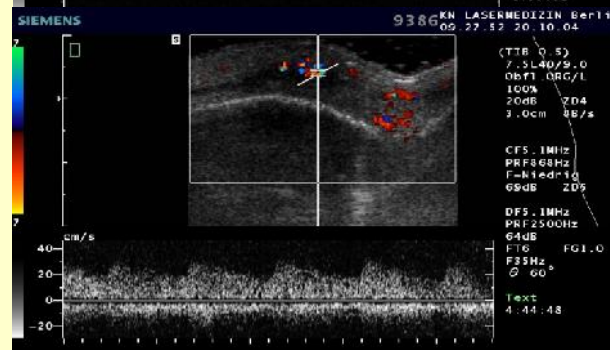
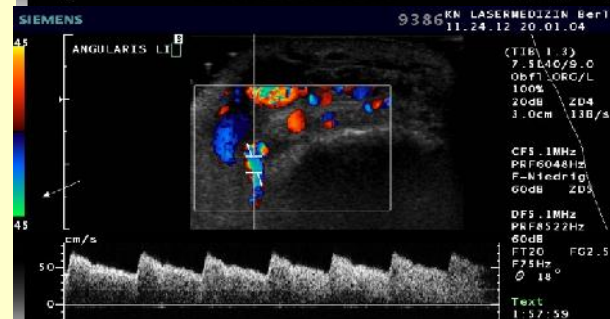
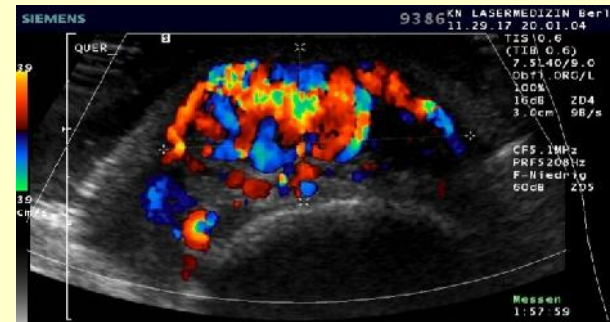
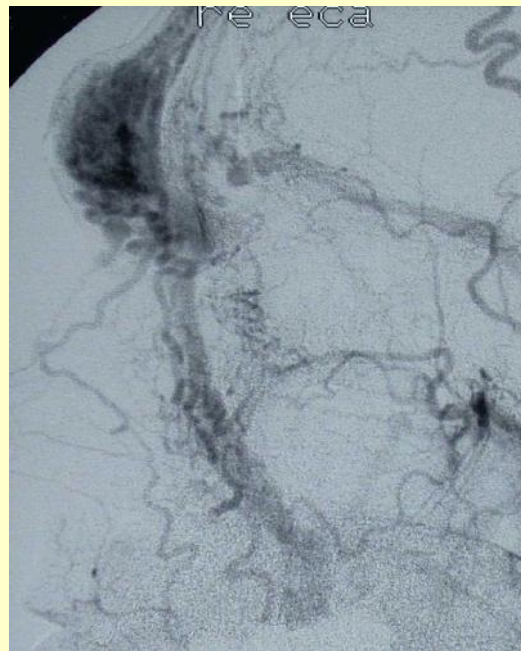




# EKL AVM – interstitial treatment

## Laser parameters:

**Nd:YAG-laser, 1064nm**  
**cw**  
**5W, interstitial/intraluminal**  
**Bare fibre via Abbocath**



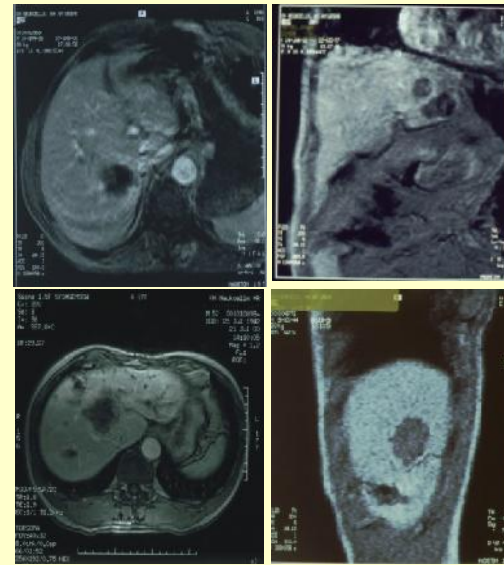
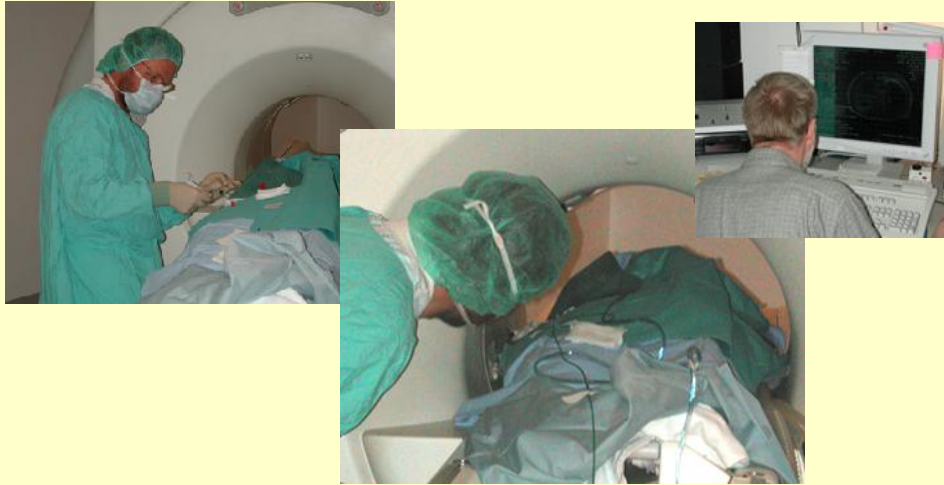
2004, 3 interstitial & 1 transcutaneous treatments

# MRI – controlled in situ interstitial coagulation of

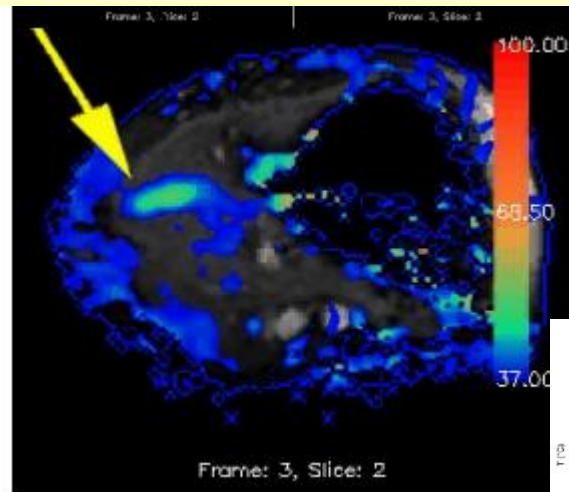
# EKL hepatic metastasis (Colon carcinoma)

asermedizin \_\_\_\_\_ [laserm.edisabeth@pgdiakonie.de](mailto:laserm.edisabeth@pgdiakonie.de)

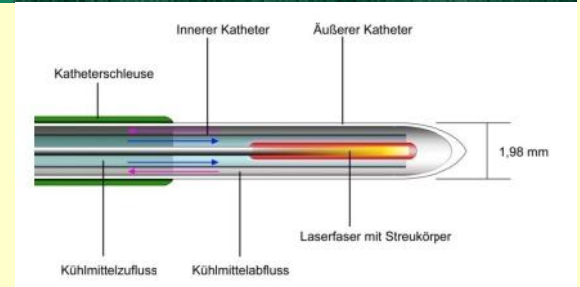
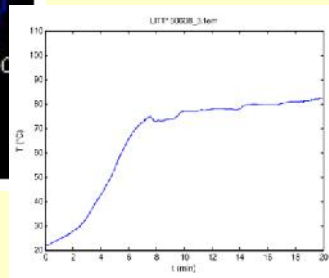
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Ein Unternehmen der Paul Gerhardt Diakonie



MRI with Gadolinium®  
48h after LITT



Online thermometry



## **Endoscopic surgery – from head to toe**

**(ENT, PULM, LAP, GYN, GI, URO, ARTHRO, ...)**

# CO<sub>2</sub>-Laser micromanipulator (ENT & GYN)

**EKL**asermedizin \_\_\_\_\_ [lasersed.elisabeth@pgdiakonie.de](mailto:lasersed.elisabeth@pgdiakonie.de) \_\_\_\_\_



By changing of mirrors every wavelength may be transmitted.



Laser-laryngoscopes for ENT



# CO<sub>2</sub> – Laser vaporization / excision ENT

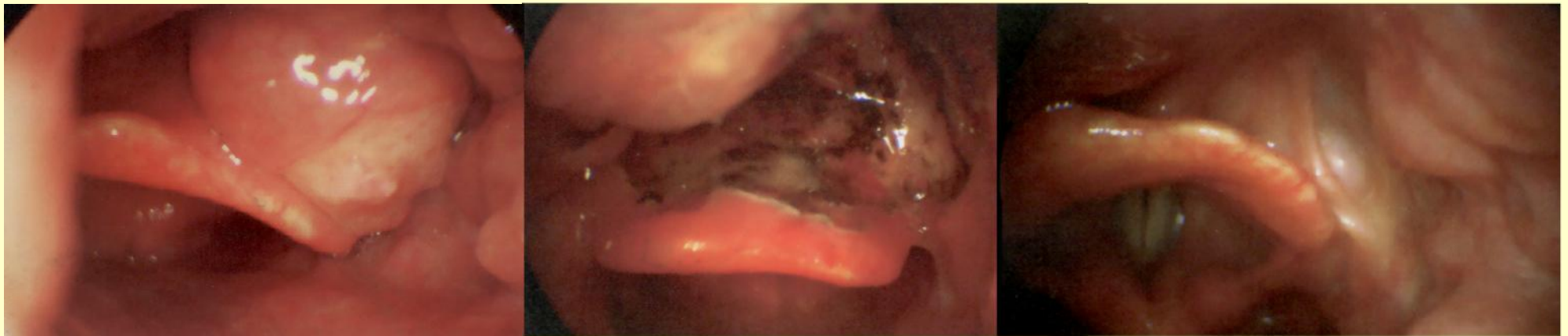
**EKL**asermedizin

\_\_\_\_.lasermed.elisabeth@pgdiakonie.de



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## Laryngeal Papillomatosis (vaporization)



## Epiglottic vallecula carcinoma (excision)

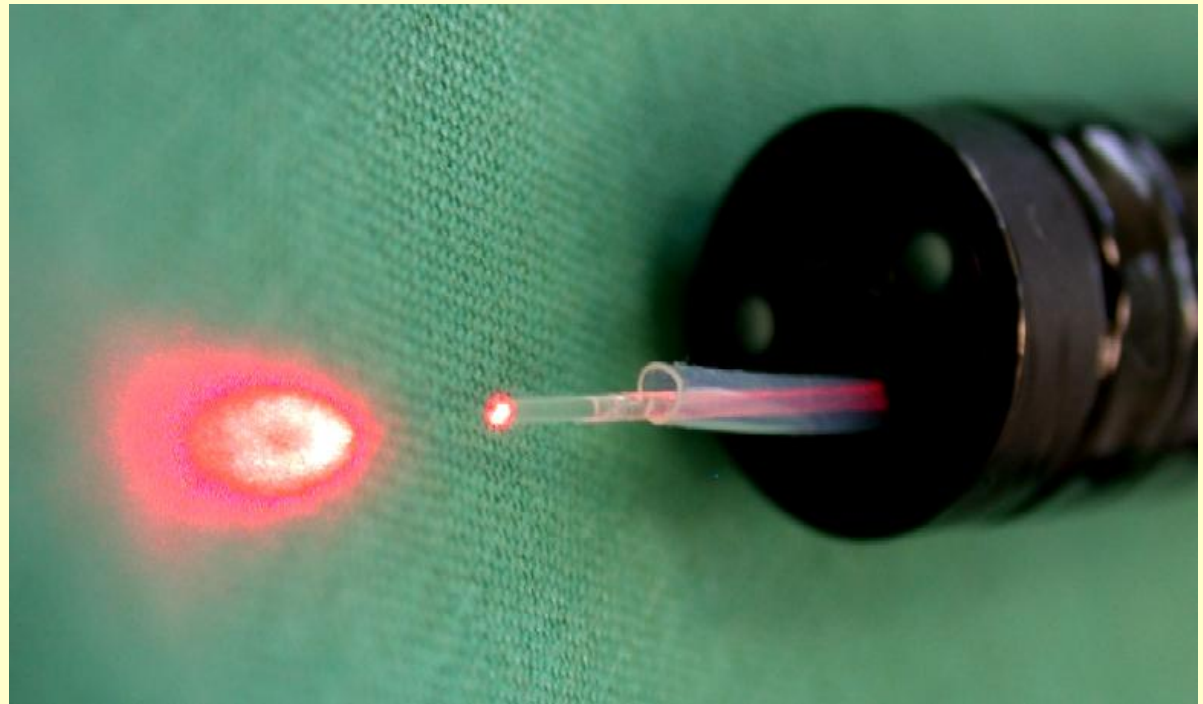
Images courtesy of PD Schilling, ENT KNL



## Choice of rigid vs. flexible



Rectoscope,  
with combined inflation,  
suction and fibre holder



flexible Coloskope  
With bare fibre 600µm and protection tubing

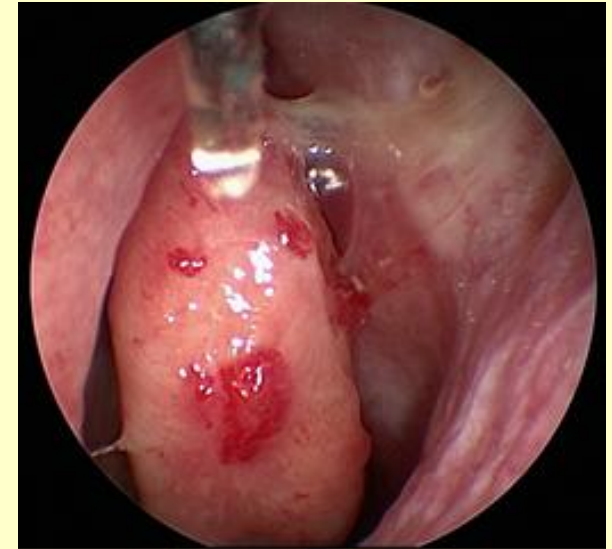
# EKL Laser for vascular findings in ENT (HHT)

**EKL** Lasermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_

**Evangelische Elisabeth Klinik**  
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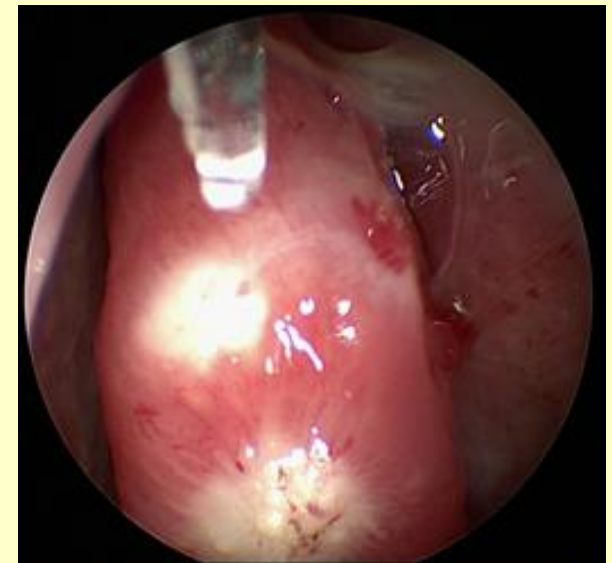
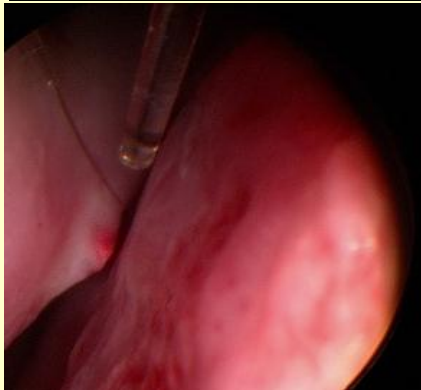
## cw-Nd:YAG-Laser

- Wavelength: 1064nm (IR)  
Penetration depth: up to 10mm  
-Large Volume  
-Larger vessels



## cw-Diode-Laser

- Wavelength: 980nm (IR)  
Penetration depth: up to 6 mm  
- Medium volume  
- Medium vessels

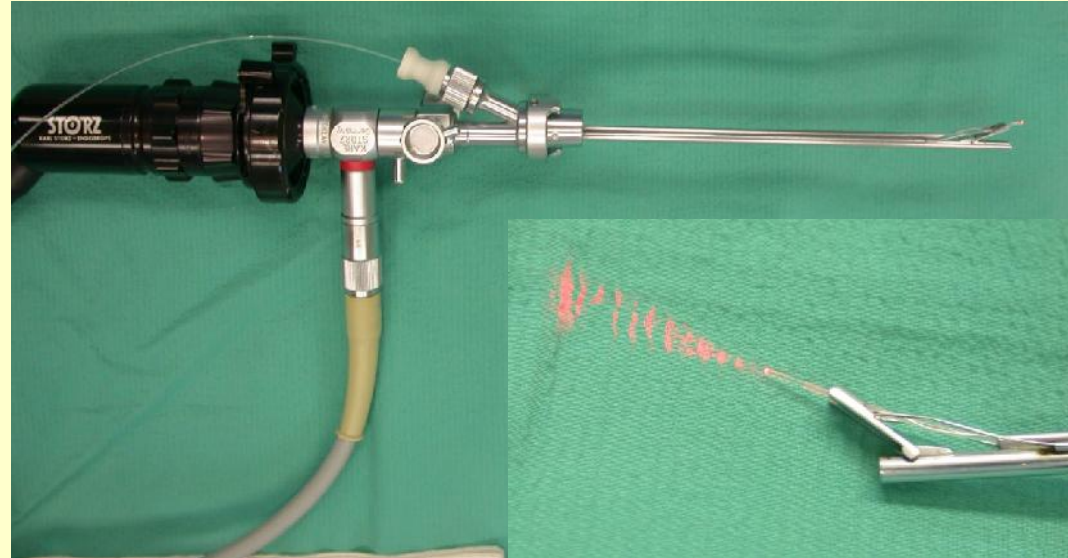




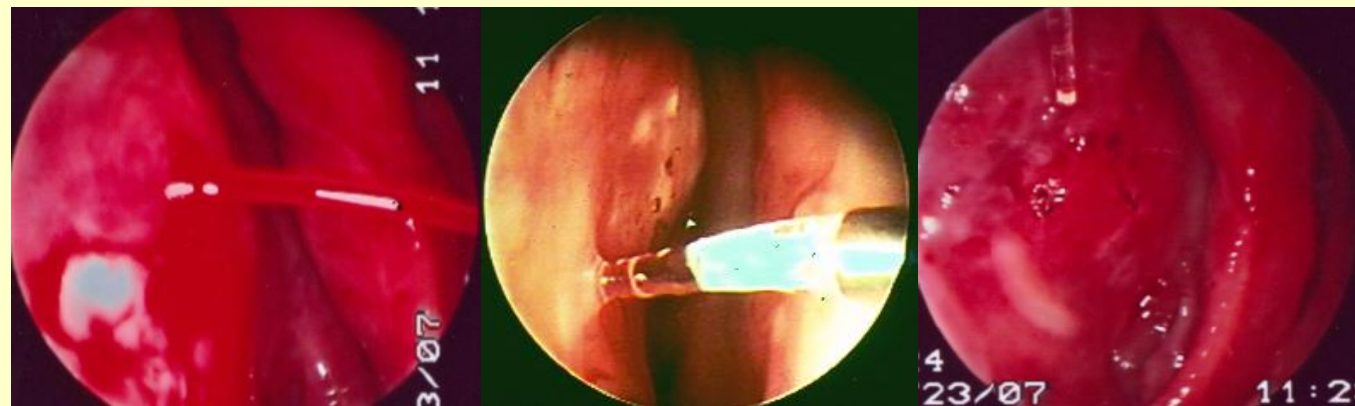
# HHT – endoscopically controlled treatment

**EKL** Lasermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de) \_\_\_\_\_

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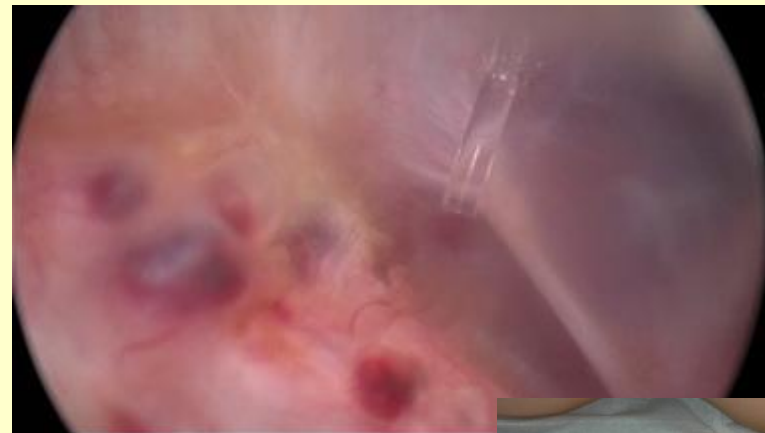
## Instrumentation



# Arthroscopic Coagulation

**EKL** Lasermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_

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VVM (KTS with intraarticular findings)



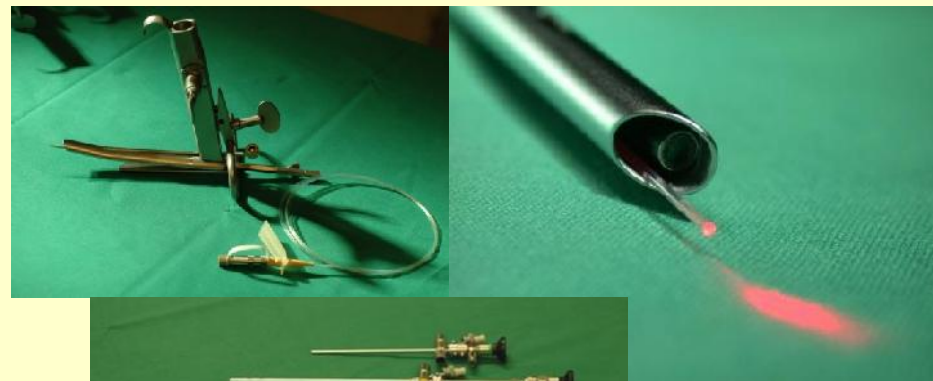
# HHT in Larynx & Trachea

**EKL**asermedizin \_\_\_\_\_ [laserm@elisabeth@pgdiakonie.de](mailto:laserm@elisabeth@pgdiakonie.de)\_\_\_\_\_



Nd:YAG-Laser  
12W, 0,2s, chopped

Tracheoscope with  
Hopkins lenses  
and Nd:YAG bare fibre



**Selective in situ coagulation of vascular tissues**

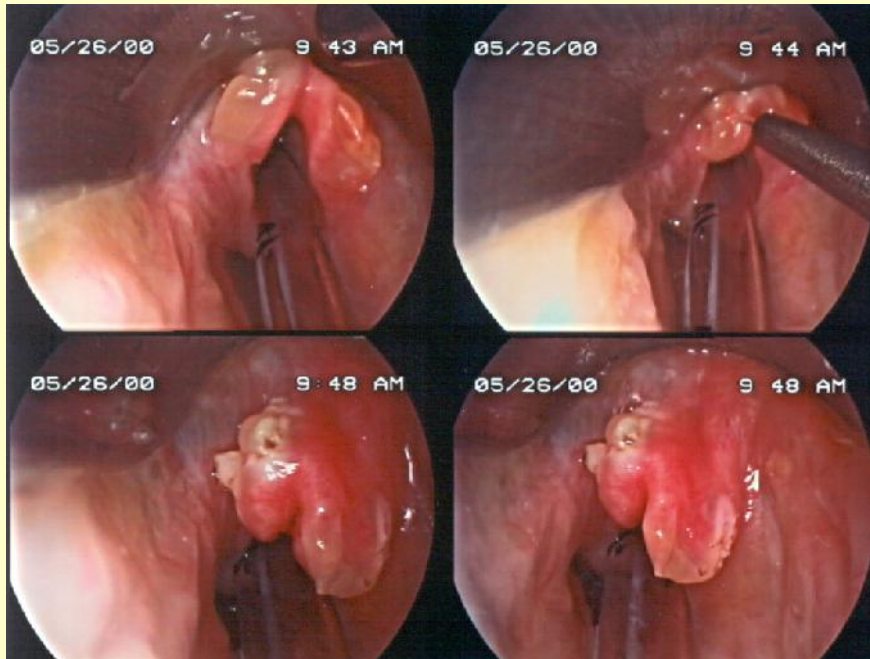
# EKL Laryngeal lymphatic malformation

EKL Lasermedizin

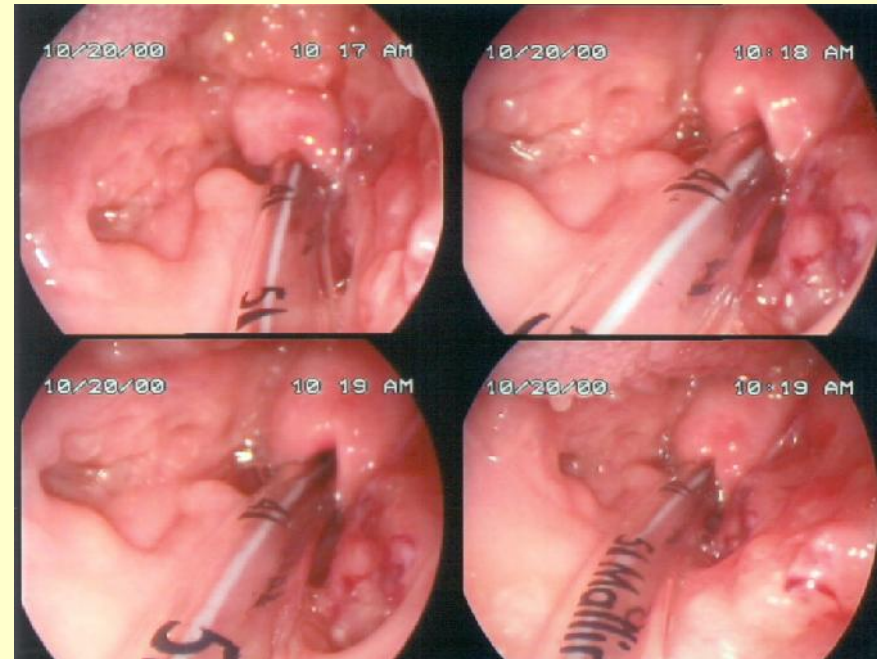
lasermed.elisabeth@pgdiakonie.de



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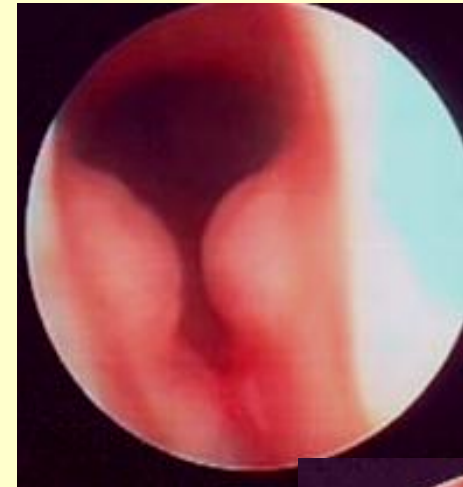
Prior to treatment



After two treatments

# Tracheal/Subglottic Granuloma

**EKL**asermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de)\_\_\_\_\_



contact vaporisation  
conditioned fibre tip  
20-30W/0.1:0.1sec



# Pellicular Tracheal Stenosis

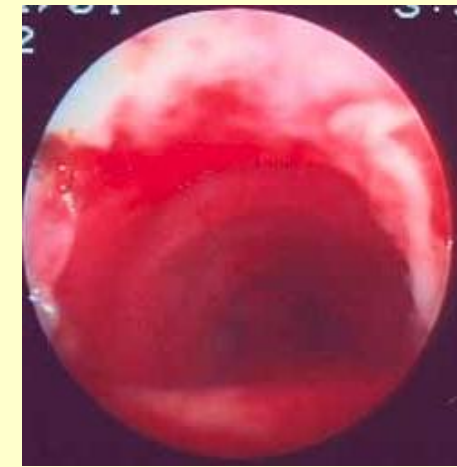
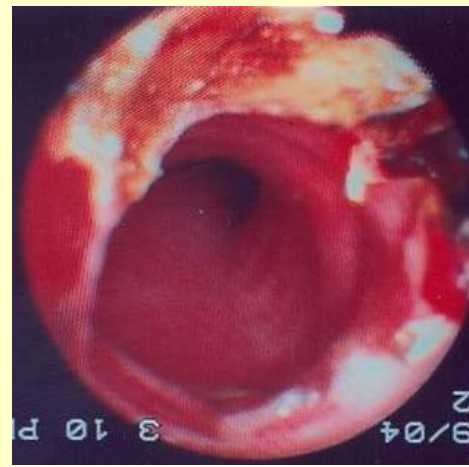
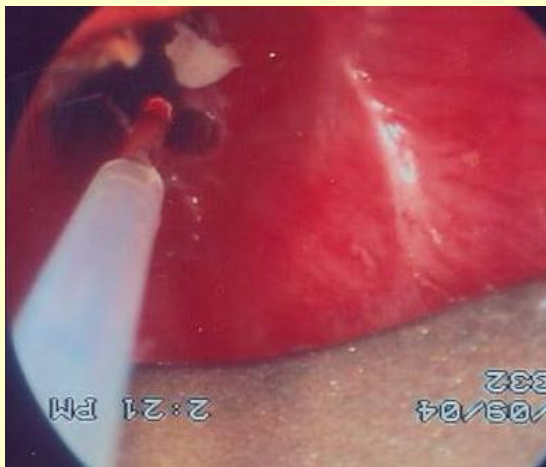
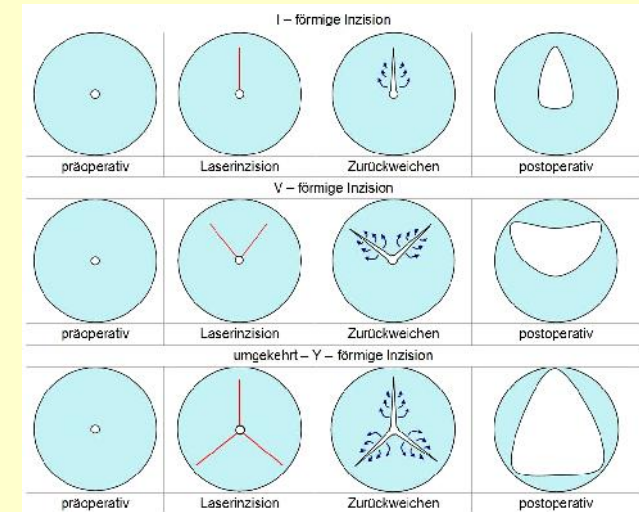
**EKL** Lasermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de) \_\_\_\_\_



CT reconstruction



view from the distal trachea



Nd:YAG bare fibre vaporization, contact; 30W / 0.1:0.1sec

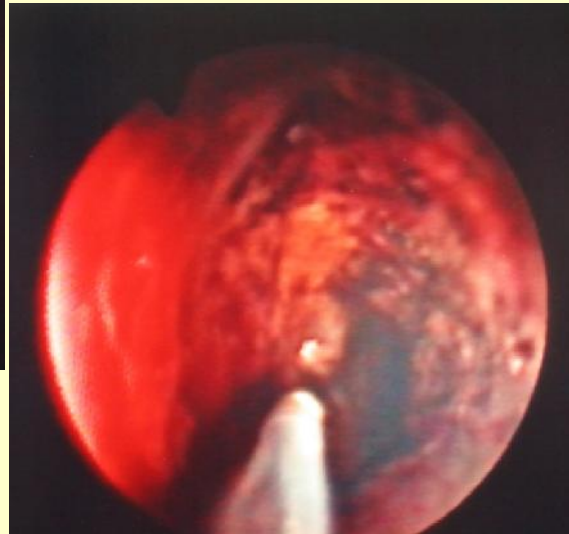
control after 3 days

# Recanalization in obstructive colon carcinoma

**EKL**asermedizin \_\_\_\_\_ [laserm.ed.elisabeth@pgdiakonie.de](mailto:laserm.ed.elisabeth@pgdiakonie.de) \_\_\_\_\_

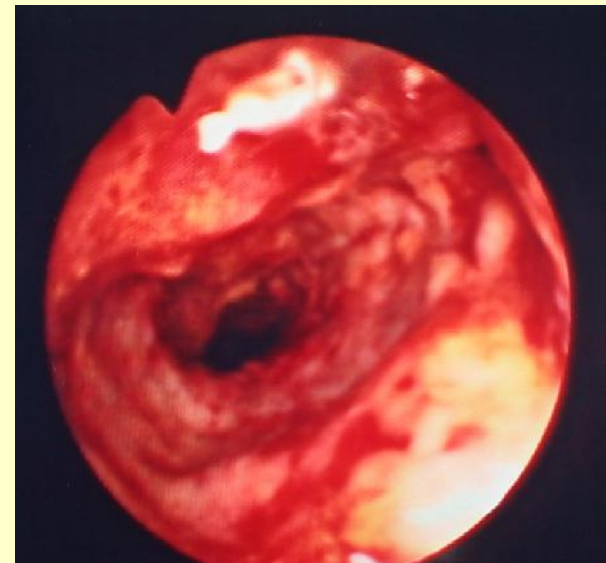


subtotale stenosis



Nd:YAG coagulation  
and vaporization

Passage achieved



Dont go to far,  
remember, the 30% plus effect!

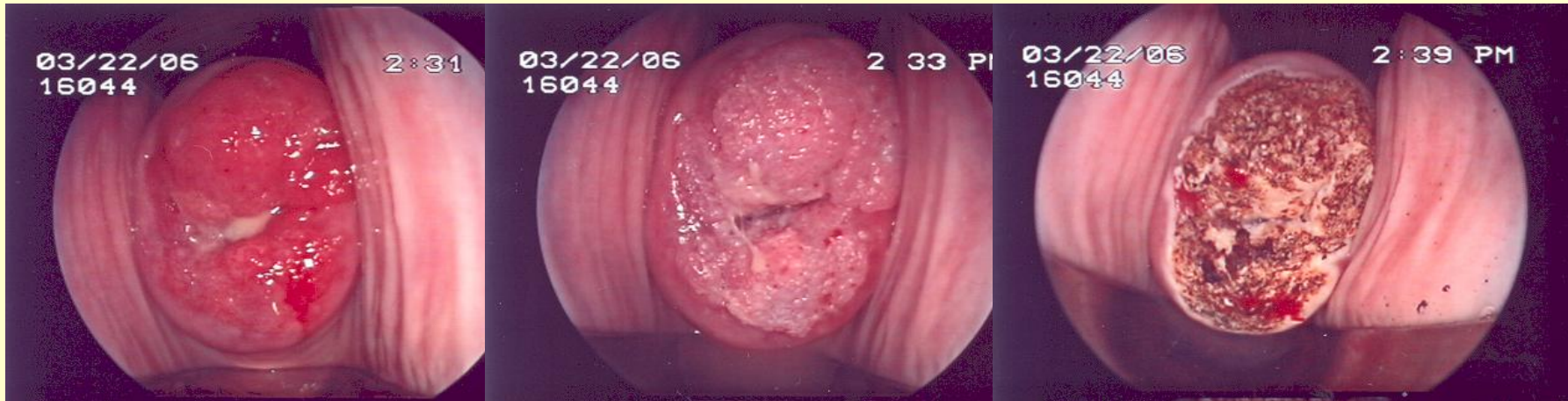
# Condylomata male / female

**EKL** Lasermedizin \_\_\_\_\_ [lasermed.elisabeth@pgdiakonie.de](mailto:lasermed.elisabeth@pgdiakonie.de)

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Nd:YAG coagulation



nativ

Essigprobe

nach Co2-Vaporisation



# Condylomata – IEN III

**EKL**asermedizin \_\_\_\_\_ [laserm.edisabeth@pgdiakonie.de](mailto:laserm.edisabeth@pgdiakonie.de)\_\_\_\_\_



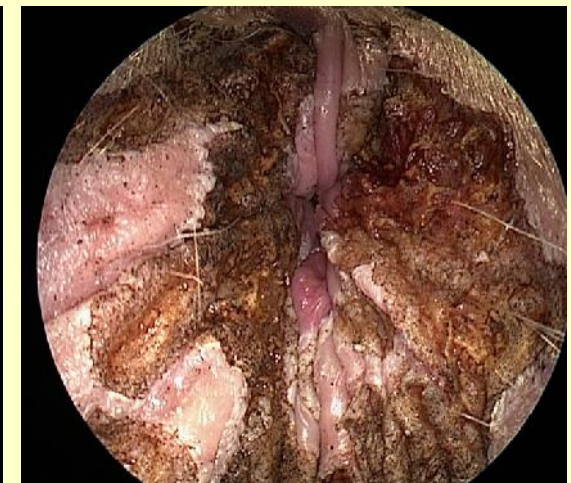
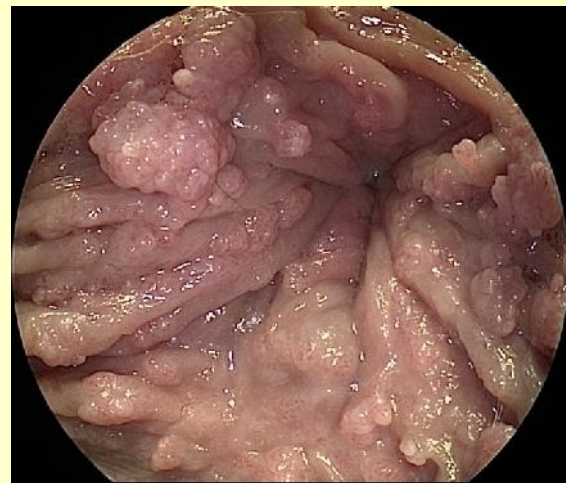
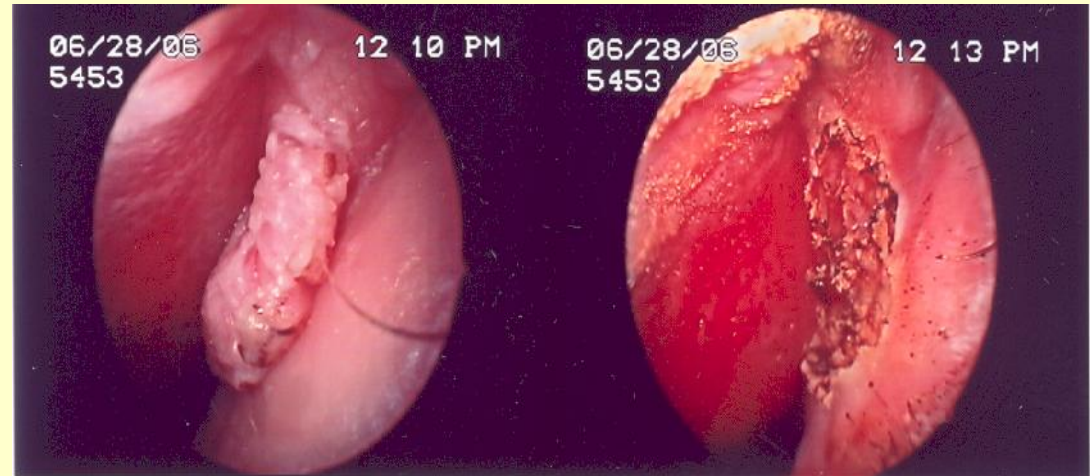
- local, regional or general anaesthesia
- fluorescence-guided (PDD), optionally in IEN

## 1.) Vaporization

- CO2-laser 10.600nm, cw  
20-50 W  
Spot size 2-5mm
- Shallow vaporization (epithelial)
- Deep vaporization in IEN II-III (3mm)

## 2.) Excision

- CO2-laser 10.600nm, cw,  
20-30 W
- Spot minimized



# AIN in HIV+ patients

**EKL**asermedizin \_\_\_\_\_ lasermed.elisabeth@pgdiakonie.de \_\_\_\_\_



## Late sequaele of HPV: AIN



HPV assoc. in 100% (87% HPV 16)

(Varnai, Int J Colorectal Dis 2006)

Incidence 0.8/100.000 in general, m/f = 1/2,  
increases to 24/100.000 in HIV+ males.

Immunosuppression increases risk 100 fold  
(hivinsite.ucsf.edu)

High prevalence of HPV ind HIV+-patients

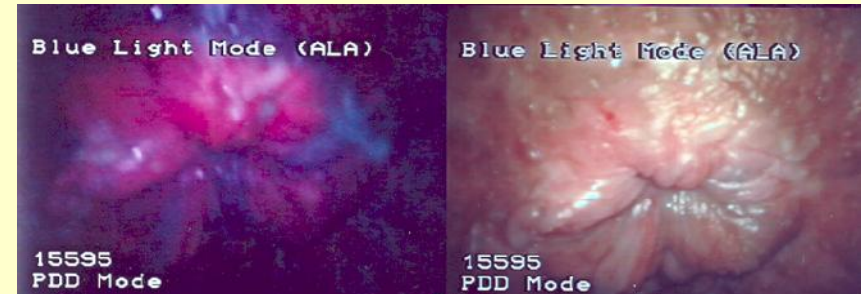
(Chin-Hong, Clinical Infectious Diseases 2002)

Skin appendage tissues (hair, glands) involved in 60%, thickened epithelium,  
depth of 2,2mm below basal membrane for CR required (Skinner, Brit. J Surg 1997)

progression into  
invasive carcinoma if untreated



CO2-Laser ablation + radiotherapy  
(+chemotherapy)



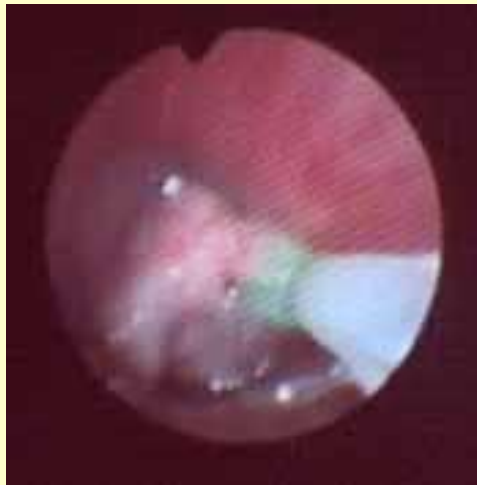
# EKL Stent occlusion left main bronchus (SCC)

EKL Lasermedizin

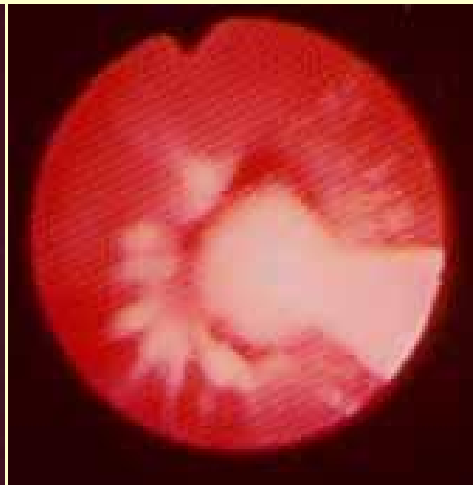
lasermed.elisabeth@pgdiakonie.de



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Left main bronchus



during PDT



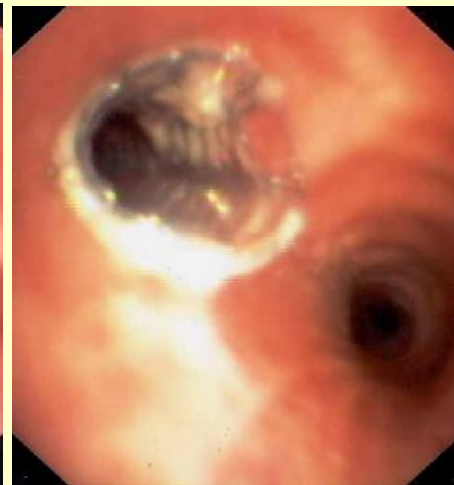
endpoint of irradiation



4 d post PDT, isolated necrosis of TM



after debriement

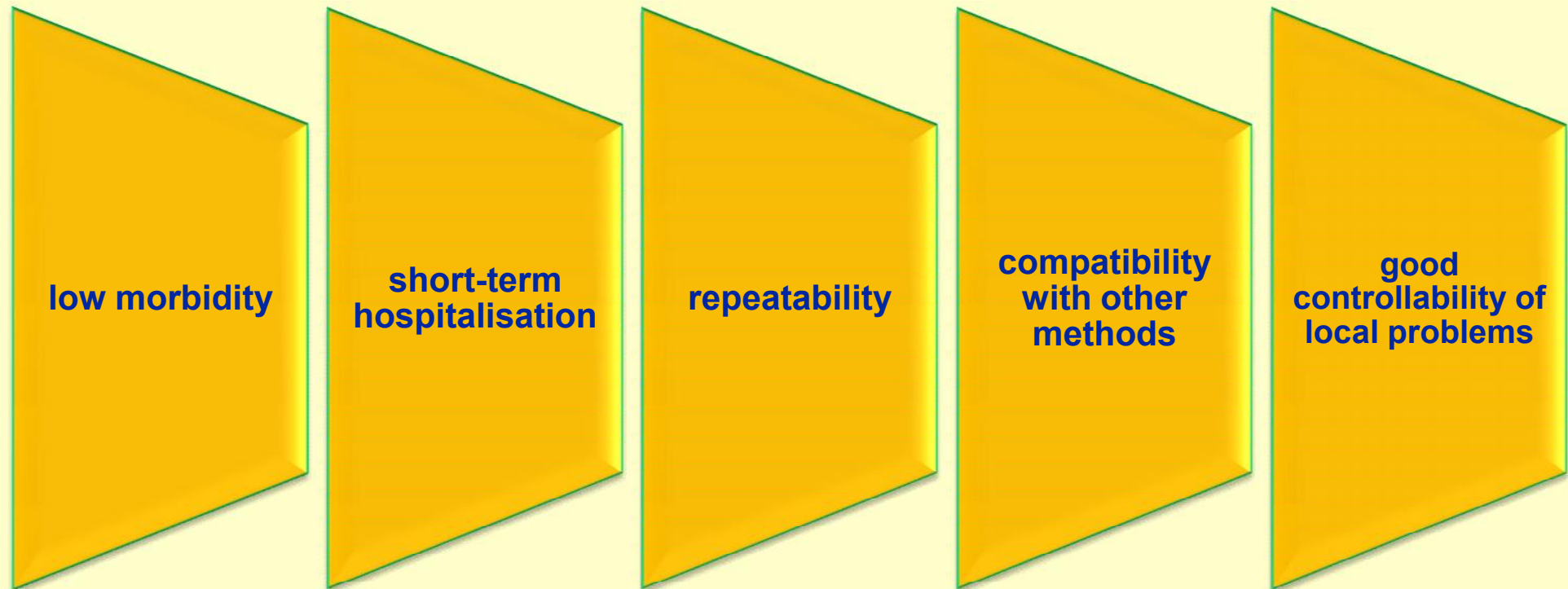


# Summary

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## Benefits of laser treatment



**But why does not every surgeon uses lasers?**



**Laser & Biophotonics in clinical use**

**How can we gain better  
therapies for tomorrow ?**



Patient comfort, ease and safety of application

# Options (a surgeons wishlist)

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- Combining diagnostics and therapy
  - integrated diagnostic tools
    - fluorescence, Raman, backscattering, temperature, elasticity,...
    - discrimination between healthy and diseased tissues
  - combination with imaging techniques
  - feedback systems
  - adopted (flexible) parameters
  - aid for the surgeon

# Options (a biophonics nerd wishlist)

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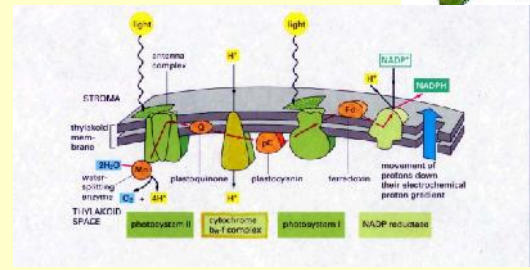
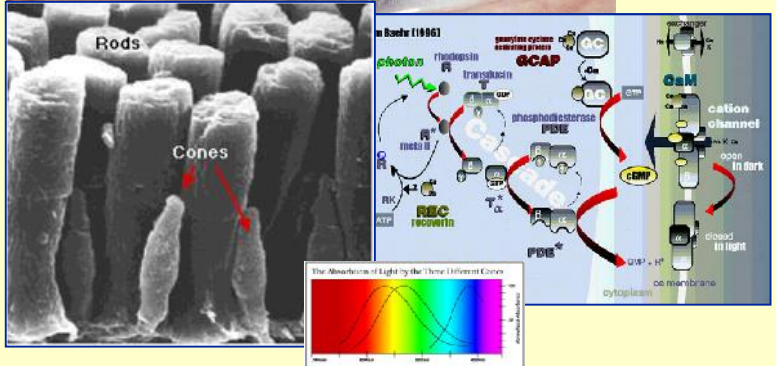
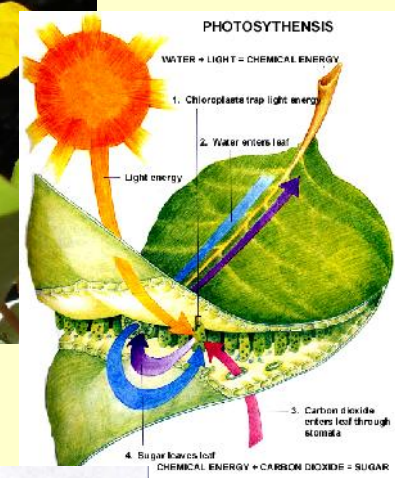
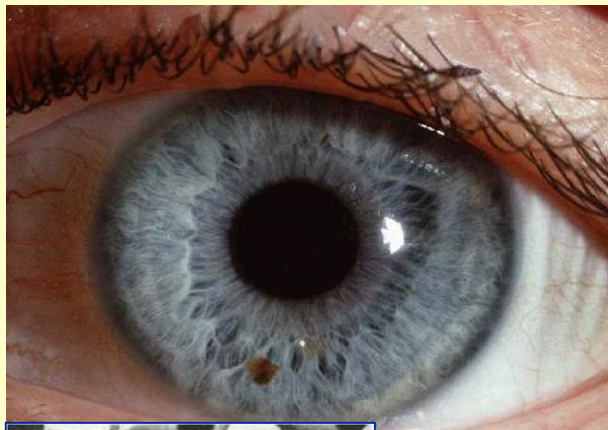
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- New technologies
  - photonic implants
  - light driven microrobots
- Higher availability
  - smaller
  - cheaper
  - easy to use, „fail safe“ (specialized systems)
  - education and training (generalized systems)
  - demystification



**In therapy generally only destructive effects of  
light are used.**

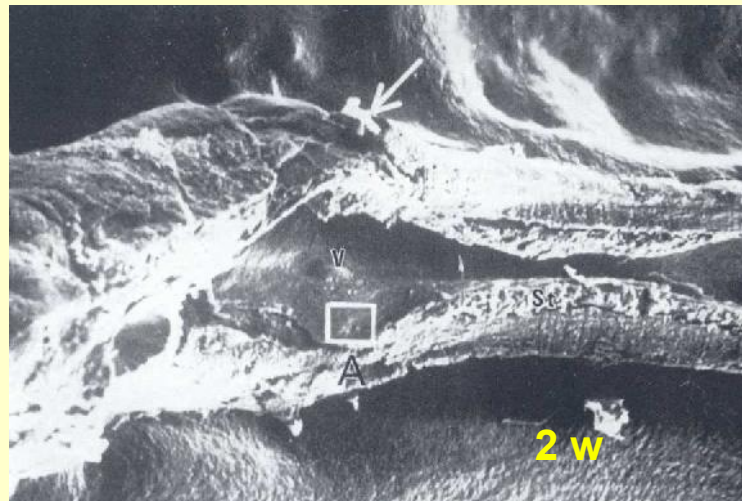
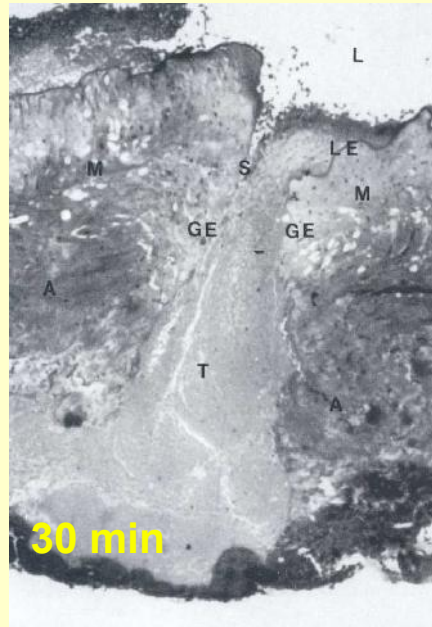
**Photobiomodulation shows some initial positive results in  
wound healing and pain management, (hair growth?)**



**Nature uses light for signal transmission and building up materia.**

# Tissue fusion ?

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# Dept. Lasermedicine

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A great thanks  
to the team !

